

“Let’s turn to our roots” Impact - June 2021

Kaveri Kala Manram



**INTERVENTION OF
KKM HAS
TRANSFORMED
MY LIFE.**

Please read my story in
this Impact magazine...

Nuwan from Anurathapura

KKM-7 RESPONSE

Against global
climate change risk

Green economy

making societies
and people more
resilient through a
transition that is
fair to all and
leaves no one
behind.

Read inside...

“Development always focused on supporting the poor to become rich but true development should encourage the poor to become part of that development because some elements of poverty need to live on in the rich”

Rev. Joshua

A Little Light To Shine The Way



Impact June 2021

Kaveri Kala Manram

Volume 4

Our programs has reached 7690 people through 669 intraction during Jan to Jun 2021

HEALTH MISSION

6656

POVERTY REDUCTION

342

NATURE EMPOWERMENT

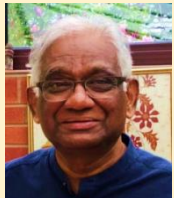
546

CULTURAL DEVELOPMENT

146

EDITORIAL

Dr.Preman Jeyaratnam



The havoc caused the pandemic, although restrictive, was not fully felt in the North of Sri Lanka during the initial stages. In spite of these challenges, KKM has been able work, within the Government imposed restrictions and still carry on with most if not all of its planned activities. KKM staff were mainly working from home and gathered together in the Kilinochchi office only when absolutely necessary.

What was achieved during these difficult times was remarkable and The Leprosy Mission (TLMEW) has complemented KKM on this achievement. All the initiatives for self-reliance and self-sufficiency that were promoted by KKM for many years, thankfully come useful during the time of the pandemic. As you can appreciate from the reports in this Magazine, the beneficiaries who embraced home gardening and local cultivation were able to support themselves during the food shortages resulting from the restrictions imposed as a result of the pandemic. Thanks to the formation of 'Peoples forum for Change' the activities of KKM have now extend beyond Jaffna peninsula and the Vanni district. It is good to see that the initiatives in Batticaloa, Anurathapura and Vvunia are very active and are not only providing a prominent forum for the people affected by Leprosy but is also breaking cultural and language prejudices. We are warned that the post pandemic we would be a 'new world'. It is inspiring to see Deborah on behalf of KKM respond – "Yes. We are ready take the responsibility .

VOICE OF KKM

Mrs.Deborah



A new world is born by Covid19.

Is KKM ready to take the responsibility in this new world with a new strategy?

Yes, we are ready to take the responsibility.

What will we be doing in this new world?

CALL THE WORLD COMMUNITIES to return to their roots.

How are we going to do this? "Initiative change" and LIVE TO LEAD.

Please clarify "Live along with nature..."

"Oh" that is KKM's Green promotion life & witness. GREAT.

When the 2nd world war ended, the world community concentrated to avoid another war in history, but currently, the whole world is experiencing a new war called "Waves of Virus" like the 1st and 2nd world wars.

The understating of the modern community is biological and virologically atomic, perhaps more powerful than an atomic bomb. Meanwhile, another powerful challenge for human beings is facing the current situation of rapid technological transformation and social media giants. Are the social media giants scaring the human beings? Will they undertake the world in their hands? Has the world community psychologically committed their lives and their herd for their rules? "YES".

"Changing is progressing", not only progressing, but changing processes is now the most important transformation. When changing processes, everything has been changed without the proper way. The current generation is seeing what they learned from history, and world changes that occurred over the last 200 years has now been happening within the last 10 years. These changes are not development based. Therefore, environment and climate change destructions have been destroying the dream of human beings.

In the midst of this "chaos" a new born world is called the "post covid world" and we can see many different kinds of people, things and environment. Covid is changing all sectors in this current world, such as politics, economy, education, culture and the belief of people.

Despite all of these changes, a new world will be more concentrated on two things: one is to protect immunity through healthy foods and the other involves boosting investment to protect the world community from natural disasters.

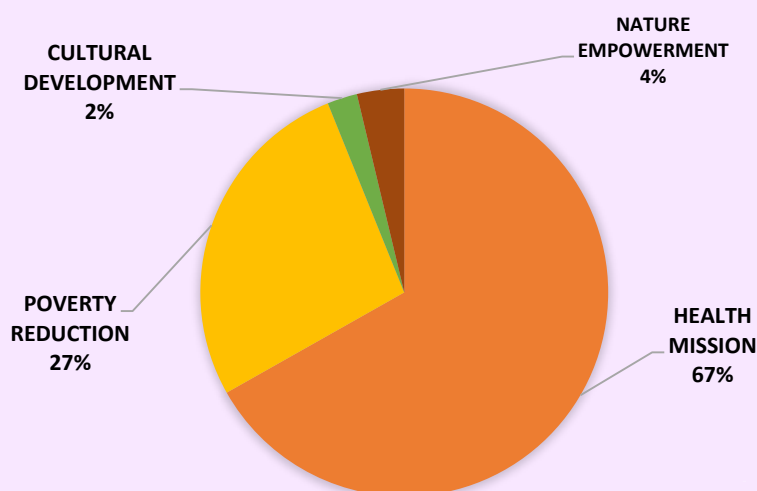
ACTIVITIES AND BENEFICIARIES

Jan to Jun 2021

HEALTH MISSION			POVERTY REDUCTION		
Details	No of Program	No of beneficiary	Details	No of Program	No of beneficiary
Leprosy early detection	510	5909	Water and sanitation	15	57
Leprosy Association	45	543	Agriculture and Health empowering workshop and training	17	214
Special need children development	06	24	Agriculture and livelihood	18	42
Nutrition development	06	180	Education development	12	12
Total	567	6656	Housing project	03	17
			Total	65	342
NATURE EMPOWERMENT			CULTURAL DEVELOPMENT		
Details	No of Program	Participants	Details	No of Program	No of beneficiary
Tree planation	04	270	Music training	04	72
Seed conservation	08	45	Taste forum	03	47
Climate change response workshop	07	134	Stories writing workshops	06	25
Green leaves promotion	03	97	Literature development	02	02
Total	22	546	Total	15	146



OUR FOCUS



KKM GLOBAL CLIMATE CHANGE RESPONSE JUNE 2021

01

- Members of 'People's Forum for Change' (PFFC) and other communities are able to identify their abilities and change negative attitudes, beliefs and practices.
- Increase active participation and involvement of members of PFFC and other communities. 76 members of PFFC are now involved in various leprosy prevention activities direct or indirect. This number will increase to 300
- Maintain Eco- friendly good practice in all project activities.
- All workshops and field work focus on 'no plastic' and carbon reducing and water saving practices.

Please visit KKM official website & look at it's 60th Executive meeting report (June 2021) with financial statements.

HEALTH MISSION

June 2021

OUR ACTIVITIES

- 1) Reduced transmission through improved early detection and treatment of leprosy.
- 2) Empowerment and increased self-reliance of people affected by leprosy through community-based rehabilitation
- 3) Reduced vulnerability through improved agriculture and nutrition for people affected by leprosy within Jaffna, Batticaloa, Mannar and Vavuniya Districts.

Covid 19 restrictions and challenges have not been a barrier in our project activities. With grace of God and a dedicated team support we have planned 402 activities under the three outcomes. With God's guidance we have completed 510 programs since January to June 2021 (06 months). These achievements have happened midst of COVID 19 challenges. Totally 5909 people in communities received knowledge of leprosy and to increase detection leprosy case & reduce stigma in North, North Central & Eastern province.

Specially 351 people affected by leprosy are getting benefits through these 06 months in all our activities. 62 New cases detected



over this year with 05 child cases in project area with limited public awareness programs by this Pandemic lockdown.

These 05 child has been detected through 3 School screening with leprosy awareness programs. These child cases were detected in Batticaloa districts & Anurathapuram districts during this reporting period. More child cases were detected in Batticaloa a district as a first experience for them through our leprosy awareness programs .42 Cases were detected through a strong contact survey program in Anurathapuram & Batticaloa districts from 62 new cases. 12 People affected by leprosy families with 84 members of family received water & sanitation facilities under this project. Most of the people affected by leprosy families were sharing water facilities with their neighbors. This water sharing opportunity is creating social inclusion & reducing social stigma in the community.

EYE OPENER



Kumarasingam living in Chankani village Jaffna - working as a welfare and drug and alcohol awareness officer for the Northern Province. 'KKM' team conducted a Leprosy awareness program for the community in the community hall. As a Northern welfare officer I was lucky to be there. The awareness program was an eye opener for many. I witnessed few drug and alcohol addicts coming forward to be checked for symptoms. They were all directed to Jaffna hospital for proper checkup. On behalf of the Northern Province welfare, drug and alcohol centers, I thank KKM and TLMEW for their good community work.



I BUILT UP STRENGTH AND COURAGE



Linusha living in Koduvamadu Batticaloa with my mother, my brother and sister. We are all schooling in Koduvamadu. My father deserted us leaving us in a difficult situation. My mother sells fire wood to the community which was the only income for daily living. As

usual daily after school, I visited my friend for a chat and play with her, when the PHI and staff of KKM were visiting them. They noticed a white patch on my cheeks, straight away directed me for a medical check-up and I was diagnosed of leprosy. Which shocked and scared our family, not knowing a full awareness of the disease.

I was lucky to have KKM team and the PHI to give me moral support, counselling, reassuring and encouraging me to continue the medication and schooling. I loved when one of the staff, like my elder sister shared her courage story when she was diagnosed of leprosy. Listening to her experiences, I built up strength and courage. I continued



my medication and I am back in school. KKM provided us with a water well and motivated us to do home gardening. We have a garden of our own which produce fresh vegetables and fruits. Today we are a happy family because of all the loving and caring support given to us by KKM team and TLMEW.

SPECIAL NEEDS CHILDREN PROGRAM



OUR ACTIVITIES

Family-centered care, partnerships, quality, access, affordability and acceptability that work for families and children informed families/strong communities and self-advocacy/empowerment.

01. Special needs children & parents will maintain improved self-care and access to rehabilitation services for preventing disability
 - a. Provide Self-care training.
 - b. Increasing relationship between special need children family & hospital through special networking workshops
 - c. Provide special wheel chairs.
02. Communities are aware of need of special need children and are actively supporting & involving in community base rehabilitation of special need children
 - a. 03 special meetings with local community based organization & chambers of commerce in Chankanai & Karachi division.
 - b. Special network meeting between parents & social service & probation departments.
 - c. Developing Hope of Flower parents club through workshops.
03. Sustainable livelihood development through entrepreneurship or agriprenurship for fulfillment of holistic well-being of special need children families
 - a. Base line survey on poverty
 - b. Coconut plantation development for selected family.
 - c. Increasing water facilities for agriculture & sanitation.

CONTROL THE DISEASE RATHER THAN THE DISEASE CONTROL ME



Vellaamma living in Manipam Vavuniya. I had eight children, all now married and settle down. I was diagnosed with leprosy and developed deformities of feet which restricted my mobility. A visit from the self-care group of KKM taught me the knowledge to take care of my health. They trained me stretching exercises to prevent

stiffness and contractures. Daily to soak my feet in clean water, oiling and daily massaging to prevent dry skin and ulcer. I do my exercises and keep my feet clean with discipline. KKM have taught me to control the disease rather than the disease control me. I thank the self-care team of KKM and TLMEW for all the caring support.



PATH FOR ERADICATING LEPROSY



Saraswathi living in Kiran Batticaloa. When I was diagnosed of leprosy, I lived in fear and depression, no one to give an awareness of the diseases or support to strengthen me. I was on regular treatment. people's forum for change

team visited me giving a clear awareness, reassuring me with positive thinking and a meaning full life. Today I am an active member of people forum for change. I am always ready to support the community and I will not let anyone to live in the fear. I thank people's forum for change team for accepting me as member of PFFC to walk towards the path of eradicating leprosy

WE ARE GETTING FRESH VEGETABLES AND FRUITS FROM OUR OWN GARDEN



Selvarasa living with my wife in Koduvamadu Batticaloa. We are both elderly couple living by ourselves in a temporary mud hut without any basic facilities and proper food to eat. I was a leprosy patient, had deformity of hands with clawed fingers and abnormal function of my feet. I

was accidentally noticed by the local PHI one day, knowing I was a leprosy patient, PHI contacted KKM. With the support of KKM, I was given monthly nutritious food pack which helped me to stabilize my strength. They built a tube well at our home and encouraged us to do home gardening. Under their FOOD FOR WORK project during the 2020 covid 19 we were given food packets for survival and they set up a home garden for us. We started our garden with full of interest and enthusiasm. Soon we were able to get our fresh vegetables and fruits from our own garden. We are proud to tell all our neighbors and community that even during this present Covid situation we are well managing a happy healthy life. We thank PHI, KKM and TLMEW for all their generous support given to us.



POVERTY REDUCTION

RESEARCH PROJECT

UNDERSTAND POVERTY IN A NEW PERSPECTIVE

Fr.Benny, JRSS



On a fine evening, Fr. Joshua, the director of Kaveri Kala Mandram-KKM, phoned me saying that both KKM and JRSS should have a two days' workshop developing a tool for

poverty assessment. The rationale behind this workshop is that the tool we use to assess poverty is based on the Western concept, which is not very much applicable to our context. Hence, there is a need to have our tool.



We started with the question of whether they were originally from the same village or some other place. To our surprise, we came to know that some of the beneficiaries were from Colombo, Galle, and Kegalle. They narrated their stories of how they came to the present village, their initial work, marriage, family life, obtaining or capturing land, their cultivation, the way they brought up their children and, their future dream.



Based on this idea, a few members of the KKM and JRSS staff met for two days for an initial discussion on 9th and 10th March 2021, at KKM, Kilinochchi. Before this, both organizations' staff had put their initial ideas in a form of a questionnaire. The questionnaire was further developed with the conceptual clarity on poverty during the workshop in Kilinochchi.

All of them had a great admiration for the support they received from KKM. KKM has blessed them by setting up Bore Well and providing coconut and turmeric plants. We spend almost three hours in a house. Having made a lengthy discussion, we filled the questionnaires which contained 25 questions.

This tool was further sharpened during another workshop on How to Assess Poverty, held on 26th March 2021 at the Loyola Campus seminar hall, Vavuniya.

Around twenty beneficiaries of both organizations filled the questionnaire and shared their feedback on doing this exercise.

After modifying the questionnaire

further, the data collection team that includes Fr. Benny-the director of JRSS visited the following villages with a staff of KKM and JRSS.

All the beneficiaries so far we visited have a positive perspective on life. They are masters in their own experiences. They are economically poor but rich in spirit. They have a hope that from the simple cultivation and home garden, they will economically come up. What amazed me was that none of them said that they were sad or unhappy in life. Some of them said that were extremely happy despite economical poverty. That happiness comes from the understanding that life is more than money and wealth. The world has to learn from them. I am in the process of writing short stories based on their lives. Hopefully, it will be published in June 2021.

In the first visit, Mr. Pirabaharan the development officer of KKM accompanied Niroshan, the field coordinator of JRSS, and me. Mr. Piraba introduced us to the Beneficiaries. After an initial chat on the village, we started talking about their families.



A LITTLE LIGHT TO SHINE THE WAY



I am **Yogeswary Sivarasa** living in Katupulam Jaffna with my family and three children. My husband is a daily labor worker. We were struggling to live day to day

without a stable income and the basic facilities. We have to walk ½ kilo meter to get our water. During the rainy season the well get flooded with muddy water which caused infectious diseases and facing challenges after challenges throughout our life. During these difficult times in 2016 my husband and my son were diagnosed with leprosy. We were lost to this world.

KKM staff visited my family giving us the strength and support to move on with our life. They built tube well, gifted 20 coconut seedlings and vegetable plants and encouraged us to do home gardening. This was the greatest gift and a blessing in our life for healthy living. To day 10 of the coconut trees are producing enough



coconuts for our income. Selling a coconut for 50 Rupees, and seasonal vegetables, I am able to get 2000 rupees' monthly income. I am proud to say

I am supporting my kid's education, eating healthy fresh food daily and living a happy life.

At present in this covid pandemic I am still continuing my business in the neighborhood and to local shops. I daily thanks to God for all blessings given to my family by AED and KKM team, giving us a sustainable life and caring support. [Watch a video](#)

A SEED



A seed gives many seeds when its growing as to be plant with many flowers. As like the story of seed is demonstrating the way of battle to

overcome from all kind of disadvantages. KKM always promotes & empowers to his followers plant a seed in a good soil. Mr. yoges person who affected by disability. Which was become by leprosy. He this family who living with hunger and other disadvantages challenges in this Pandemic situations. But Yoges is a good seed, he was seeking a good soil.

Now he has found himself his soil & he has been planted him on that soil. Now he is a good farmer to produce good food for his family and his community too.

[Watch a video](#)

NEW HOPE



I am **Yogarani**, living in Unionkullam, I lost my husband in the civil war and resettled in my village with my two-year-old son. I had no food to eat, no water facility and no safe home to sleep in. It was a struggle to live with my two-

year-old son all by myself. I started working as a daily labor in the neighborhood garden. I was able to manage for some time with the little income to feed my son and myself. I was lucky the Indian housing scheme helped me to build a safety home and KKM came for my rescue providing water facility. They encouraged, motivated and assisted me to do home gardening which was an eye opener. Starting my garden with banana trees, coconut trees, lime trees and other seasonal vegetables. I love gardening and it is my life. Until now I am always s blessed to have a green healthy organic garden. I have a variety of herbal plants and flowers in my garden. Even during these difficult uncertain times of covid, I am able to sell my products



in the neighborhood and to local shops. I am helping out caring two elderly people in the neighborhood in my free time. My son and me are living a contented happy healthy life. From the

bottom of my heart, I thank KKM, AED, and the Rotary club for all their generous support given to me and my son. [Watch a video](#)

NEW DREAM



Sisara Karunaratna living in Anuradhapura, living with my parents and two sisters. My father is a daily labor worker. I was diagnosed of leprosy in 2020 and was on continuous medication. I was depressed and worried about my future and other family members getting infected. We live in little unsafety mud house. We

didn't have a toilet at home. We were able to get water from our well only in rainy seasons. In summer we have to walk up to distant river for our daily use. With my father's income we were struggling for our survival. PHI of Anuradhapura district and KKM visited us one day, willing to support us to build a safe concrete house, a toilet and a tube well. Now we live in a safety home, clean toilet to use, and healthy



well water. As a family we have started our home garden, we have seasonal vegetable plants and yams. On behalf of my family I thank KKM for all their generous support giving us a happy new life. Thanking all.

NATURE VALUES

FROM KKM GREEN PROMOTION CENTER



this gift of Mother Nature's own blood and nutritious values given to us. They are trying to live on ready-made, preserved food and junk food. KKM has helped the community to the next level of promoting healthy well-being lifestyle. We have to trained, conducted workshops on self-growing edible plants to the communities and chosen 10 enthusiastic ambassadors as leaders to respect, promote and preserve the natural healthy life style in northern district of SriLanka.

In 2021 our ambassadors will lead the community inspiring, motivating and sharing their experiences to survive on self-growing vegetables and fruits for healthy life style. We hope to achieve 500 ambassadors in 2021 to value and promote this healthy project in Illavali & Santhai divisions. This project has been made possible by

Sri Lanka is rich in natural resources, with self-grown vegetables and the benevolence of the Shanthi fruits in our own surroundings. This is a gift and a boon from Mother Nature to us which has healthier values than organic productions. The community has identified 26 varieties of natural, native, edible plants, vegetables, yams, and fruits in our own gardens. Which is a worry-free gift to us. Our ancestors discovered these self-growing edible plants. They survived on these plants and lived a long happy, stress free healthy life. We have inherited these valuable food habits from them. We will respect our soil, preserve, and nurture the self-growing plants for our future generation. Our community is neglecting, and ignoring



"Best things in life are free and "A great example of that are self-growing plants by NAGAMUTHU PILLAI Green leaves project"

NAGAMUTHU GREEN PROMOTION CENTER

A.Y. Inparasa



The green promotion center is gift of treasure given to our family for healthy living. Eighteen varieties of native green plants are grown and propagated with other season all vegetables in the center.

promoting and encouraging our future generation for their healthy wellbeing. We will always respect our rich soil and nature without using chemicals for a healthy life. Our harvest is bountiful and we are able to share our surplus with neighbors and friends. I thank KKM on behalf of my family for giving an opportunity to grow our own vegetables for a happy healthy life.

Thank you

AGRICULTURAL LEARNING CENTER

Mr.M. Thibagar



In July 2015, six acres of farm in Palli was started by KKM. Started step by step as individual farm projects and finally it became a successful integrated livestock and vegetable farm. We have fresh water fish farm, livestock, poultry, and medicinal herbs, seasonal vegetables cashew plants. I work as a manager with three hard working dedicated staff in the farm. Farm is administrated by the director of KKM, and we have monthly reporting and update meeting with the committee members of KKM.

School children, teachers, the veterinary students are interested in visiting our farm for educational experiences. With my farming experience, I am able to assist and guide any one for a successful farming.



At present the cashew trees are in bloom and soon it will be full of fruits and nuts which will bring a good income. It is a free-range animal and poultry farm. Recently we have started FARM FEAST with all the facilities, for the public to host events, spend time enjoy the farm, and eat farm fresh food to their choices. From the income of our farm a small amount will be contributed to support the People forum for change leprosy mission. I thank all my staff of the Hope Farm for their tireless hard work and dedication.



“WALK WITH KKM”

Jane & Seggy Segaran

Jane and I spent 2 weeks in Kilinochchi in the North of Sri Lanka working with the staff of Kaveri Kala Manram (KKM). This organization was set up by Reverend Sivagnanam Joshua in 2002. The main office was in Kilinochchi town with a branch office in Chulipuram in the Jaffna peninsula. There was also a small office, store and residence for guest in the outskirts of Kilinochchi where we met every morning to sort out the day's activities.

EMACE had sent the Solar and Hay box cookers to KKM before we arrived. As no-one at KKM was quite sure what to do with them; they were piled up in the store awaiting our arrival. The solar Cookers had also been sent without any accompanying black pots. Our first afternoon was spent buying suitable pots at a local general store and getting them painted black.

The Heybox Cookers were supplied with cushion covers that convenient option for this was to use crushed up newspaper - bundles of old newspaper were easily available in most corner shops. We also decided to buy some towels to wrap the pots while Haybox Cooking – they are useful as extra insulation, soaks up spillage and serves as a pair of oven gloves when handling hot pots. We could buy large bath towels, so Jane set about cutting them in half and sewing up the ragged ends during the evenings in the guest house where we stayed.

We found KKM had organized a busy program of events for us for the duration of our stay. The first full day started with a training session for the staff followed by a demonstration of cooking a meal of rice and lentils.

HOPE FARM VISIT

That afternoon we visited Hope Farm which was set up and run by KKM with funding from the leprosy Mission of England and Wales. Here we again demonstrated Solar Cooking this time adding an egg to the oven.

The cooking of the egg using just the power from the sun caused more excitement than cooking rice or lentils.

Below is an example of the type of cooking used in low income rural households in Sri Lanka. The Kitchens (Or Kusini as they are known locally) are smoky places slowly damaging people's lungs, Wood is freely available in rural areas, but is used very inefficiently in mostly a 3-stone fire configuration. Our mission was to encourage the local people to supplement their normal cooking methods with solar cooking during the dry season.

DEMONSTRATION TO CHURCH CONGREGATION

This was a church attend by Rev.S.Joshua. After the service, Jane and I used the Solar Cooker to prepare some rice, lentils and a couple of eggs.

Following the cooking, we shared the rice and lentils on plates improvised from leaves. Again, the solar cooked eggs were the star of the show.

OTHER DEMONSTRATION

KKM staff kept us busy over the next few days with various demos of the solar and haybox cooking. These are too many to describe- we have just highlighted a few memorable ones overleaf.

on one of our demonstration, we headed out towards Mullaithivu, to a small village called Tanniyuttu. The gathered people listened carefully to what we had to say but did not quite believe in cooking without fire till they tasted the rice and lentils. Certainly 'seeing is believing' when it comes to Solar Cooking. One of the ladies here wanted to know if she could prepare Wattalappam in it – this is a popular desert that is normally baked. Most homes in Sri Lanka do not have an oven – so the solar box oven would have enabled her to cook something that she normally would not have been able to.

Out of the KKM staff, a young woman called Abi quickly adapted to both Solar and Haybox Cooking in her home. She prepared a breakfast dish of mung beans (Payaru in Tamil) and coconut which she bought along for us to try.

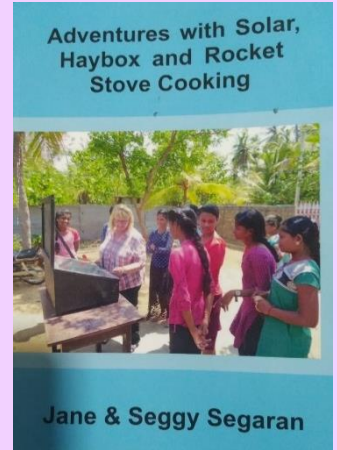
Suba from KKM was very keen to try out the solar cookers for drying spices. We came from one of our trips out to find 3 of solar cookers set out with different experiments. One of them had sprats and chilies drying. Once these were dried, they were ground separately and used as an ingredient when cooking.

The second one had murungai leaves while the third one had fresh mung beans and brown beans.

The mung and brown beans went into a grinder and the resulting powder was made into balls. Suba said they were given to small children as they were highly nutritious. She was pleased with how the solar cookers speeded up the drying process and was much more hygienic compared with spreading them on the ground.

The murungai leaves, instead of being dehydrated had almost been cooked in the high heat within the cooker. When drying these one has to be careful to prevent the temperature from going much above 60 deg C. More on drying murungai leaves later.

We found our work with KKM in Kilinochchi highly rewarding. The staff were enthusiastic and made sure that we got the most out of our time there. We carried out nearly 10 demonstrations to around a total of 150 people. Here is a photo of us with the team on the day we left.



SEED CONSERVATION



NEVER GIVE UP

Thaneswary living in Uttrupulam Kilinochchi, gardening is my life. I have my own chemical free home garden with many varieties of vegetables and fruits. My visit to Hope farm in Pallai encouraged and educated me to increase my garden yield. Their nursery had many varieties of plants and picketed seeds. I bought few plants such as Akathi, Kurinja, Puli keeri, and batukathari. Today these plants look healthy and always green. We are a happy healthy family eating home grown vegetables. My neighbors and friends are always welcome to help themselves. I am promoting native seeds and plants in the community for a happy healthy environment. I thank Hope farm for their encouragements and empowerment for our healthy wellbeing.



TRANSFORMATION OF MY LIFE



V.Thavamanithevi living in Uniyankulam, Kilinochchi, my visit to Hope farm in Pallai to see their varieties of native plants and seedlings transformed me to be a different person. Not only promoting the plants, educating us to take good care and maintain a chemical free gardening. Today I have many varieties of plants and herbs in my garden, which we live on and share with my neighborhood. I proud to be a useful person sharing my knowledge of gardening with in the community.



KKM GLOBAL CLIMATE CHANGE RESPONSE JUNE 2021

02

- Provide training on mutual understanding of roles and responsibilities for members of PFFC and communities in villages, district and at national level - identifying the skills necessary for fulfilling the roles. 25 members of PFFC having the capacity to provide training on leprosy and other disabilities.
- 250 members of PFFC and communities will be 'Ambassadors' to demonstrate nature-friendly good practices. When this project will be complete 2024 they will have planted 2500 trees in their own villages.
 - 1) When this project will be completed in 2024, they would have planted 2500 trees in their own villages.
 - 2) All members of PFFC will be maintaining drip irrigation system in their home gardens.

KKM GLOBAL CLIMATE CHANGE RESPONSE JUNE 2021

03

- Providing training to individuals members of PFFC and communities along with departments who are involved in leprosy services, to work in leprosy services in village, district and national level.
- 150 members of PFFC and communities who have received leadership, championship and personal development training.
- PFFC will use these 150 members in 15 villages to demonstrate carbon-reducing food cultivation practices through taste forum programmes under the title of "Choose eco-friendly products for your home"

CULTURAL DEVELOPMENT



KKM TASTE FORUM JUNE 2021

Mr.Nagenthiran



KKM taste forum established two years ago. This forum was established for two purposes.

- 1) Bring people's attention to their original food behavior to reduce poverty.
- 2) Increase immunity of those who are living in poverty.

We have completed the 27th taste forum during these last 2 years. This taste forum invites people to this Nature -based foods. They are amazing for our health as we already know, but certain foods have specific properties that have been linked to improving immune system function. It's of course important to remember to eat these foods regularly as a part of a healthy, balanced diet and live a healthy lifestyle. We have completed 6 programs in Jan to June in North & Eastern provinces.

FEEDBACK FROM KAVIJAR KARNAKARAN

This sweet dish is a new invention from Reverend Joshua to help the community for a healthy nutritious living. Century's back our ancestors

we're using Odiyal flour to make different types of food. This is the first time a sweet dish has been created, which is loved by children and adults. This is another signature dish of Reverend Joshua. Thank you.

FEEDBACK FROM MRS PREMINI

Odiyal flour mixed with chopped dates is a delicious sweet dish. I thank Reverend Joshua for introducing this sweet dish which is affordable, high in food value, energy boosting food for the whole community.



KKM GLOBAL CLIMATE CHANGE RESPONSE JUNE 2021

04

- Members of PFFC and community groups form in new areas and strengthen previous groups in community , district and provincial level .
- Increase formation of 40 groups in three provinces as follows:
 1. Jaffna 14
 2. Batticolo 10
 3. Anurathapuram 08
 4. Vaviniya 08.
- Leaders of the 50 villages and members of the village council will be an 'Ambassadors' for Nature friendly life. They will be activists in "Involve your community in reducing emissions"

KKM GLOBAL CLIMATE CHANGE RESPONSE JUNE 2021

05

- Developing members of PFFC and communities as nature friendly organization to sustain on "Impacts of Climate Change and transforming lives of members of Leprosy People Association"
- 100 members of farmers of members of PFFC and communities along with 100 members of farmers in community will have full knowledge on improved agriculture performances and practices (yield increase practices)

SPOTLIGHT ARTICLE

Post covid 19, underutilized/neglected leafy vegetables and its value-added products to strengthen agritourist of sri lanka

Ms. R. Thusyanthini, Lecturer, Sri Lanka school of agriculture, Kilinochchi, Sri Lanka.



Maintaining a healthy, balanced diet is a key to helping immune system function properly and to improve your mood and energy levels during COVID-19. Neglected and underutilized leafy vegetables can make an important contribution to the economy, food security and nutrition requirement of Sri Lanka.

Good nutrition is crucial for health, particularly during and post Covid, immune system needs to fight with the virus. In contrast, limited access to fresh foods may compromise opportunities to discontinue eating a healthy and varied diet. It potentially leads to an increased consumption of highly processed foods, which tend to be high in fats, sugars and salt.

Underutilized leafy vegetables may not be widely known outside of a specific area or region in Sri Lanka. And there is a perception that they are grown mostly in rural areas. In some places consumption of these plants is not socially acceptable by some community sectors because they are considered to be food for the poor. Underutilized leafy vegetables have local or regional importance, but generally lack of national recognition, no accessibility of information, few researches and appreciation though underutilized leafy vegetables have under-exploited potential to ensure food security, nutrition, health, income generation and environmental services.

Rev. Joshua, Director of KKM, Sri Lanka said that underutilized leafy vegetables could not be valued by Sri Lankan though which have nutritional aspects than major growing leafy vegetables. Nowadays people consume these only as medicinal purposes while very tiny percentage of Sri Lankan consume these in their

daily diet. Further who said that post Covid, will definitely make people aware to consume these underutilized leafy vegetables daily to improve their immunity. Meanwhile who mentioned that value added products of underutilized leafy vegetables would certainly improve agro tourism and export marketing then which would directly contribute for developing livelihood of Sri Lankan citizens and entire nation's economy.

Further, in 21st century many individuals often do not have the time to prepare home-cooked meals. However, at present the social distancing associated with the COVID-19 outbreak has meant that many families have been spending entire day at home, which provides new opportunities to spend the possibility to make those recipes you previously did not have time to make. Hence, this is the needy time to promote the products. In the point of national, which may create the international marketing in the direction of healthy eating. However, which needs co-operation of both agri-food and health sectors of Sri Lanka to decline existing considerable gap in the science and technology development related to strengthening the position of underutilized leafy vegetables in Sri Lanka.

According to, Rev. Joshua, Director of KKM, Sri Lanka, with his concern towards poor income families during Covid, who has been introducing various value-added underutilized leafy vegetables, such as Keerai mixture, Keerai bread, Keerai cake, Keerai Appalam, Keerai wine, keerai urukai, Keerai maravalli poriyal and Keerai sambol in Kilinochchi district Sri Lanka. Who visits households at village level and spend his time to guide people to prepare the products. With respect to that, the given table shows some of the products which have been introduced to the community in the district.

KEERAI MIXTURE



KEERAI CAKE



KEERAI WINE



KEERAI BREAD



KEERAI URUKAI



KEERAI MARAVALLI PORIYAL



KEERAI SAMBOL



KEERAI APPALAM



In recommendation, as it is mentioned earlier paragraph one of the main barriers to the effective integration for underutilized / neglected leafy vegetables and its' value-added products are that disconnect that exists between the agriculture, environment, health and nutrition sectors and the lack of coordination between the many actors that need to be involved. To support the process and drive the effective mainstreaming, building capacity and

establish effective research partnerships that undertake nutritional composition, and by improving awareness and understanding among the many different stakeholders, which include researchers, universities and government agencies, relevant national ministries, local governments, small-scale producers and civil society.

THE ENTREPRENEUR COOPERATIVE SOCIETY OF UTTRUPULAM AND UNIONKULAM.



The entrepreneur farmers' cooperative society consists of 18 active members from Unionkulam and 20 active

members from Uttrupulam of nominated president, vice president, treasurer and committee members. The society is under the guidance and leadership of the Director and advising staff of KKM.

The cooperative society was formed in 2019 by KKM and now operated by the committee members on their own. Through



the society we are able to stimulate the economy and make a difference in our member's life. Members are all well trained in agriculture, poultry and dairy farming. Monthly meeting is held for the members to express their views. Members are able to get a loan for small business, and are well-disciplined in paying back the loan.

Members do voluntary work in the community. Take part in community agriculture competitions, food exhibitions, and other events. They have proved their experiences and talents winning awards as champions.

Our team as committee members and our tireless committed hard work we are able to sell our products to public and marketing enterprises. Even during Covid 19, still continuing



The excellent story behind Covid Pandemic competition was held recently by KKM for the staff. Narrating and video presentation of a meaning full successful stories of the beneficiaries will power to

overcome challenges and move on forward with their life. The excellent effort and talent contributed by staff was witnessed by overseas and local witnesses. The feedback of the

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நோயியதிர்ப்பு சக்திக்கும் ஆரோக்கியத்திற்கும் அடிப்படையான உணவுகள்
.எமது நாட்டுக்கீரைகளிடமிருந்து கிடைக்கின்றன

ருசி மசாலா



உள்ளீடுகள்		Nutrition Facts	
கருவேப்பிலை	கொவ்வை	Moistire Content 100g	5.2
முருங்கை இலை	தவசி முருங்கை	Energy	446
முருங்கை பட்டை	கீழ்காய் நெல்லி	Carbohydrates 100g	73.1
சிறுதூள்	மொசமொசுக்கை	Protein 100g	6.3
முட்டைக்காய்	முட்டை	Calcium 100g	398.5
ஆவரம்	மல்லி	Sodium 100g	7.0
தூள்	மிளகு	Potassium 100g	90.8
தூள்	நெய்சீரகம்	Total Sugar 100g	4.1
செய்யா	கருவா	Fat 100g	3.3
செய்யா	கரு	Salt 100g	0.3
செய்யா	மஞ்சள்		
செய்யா	செத்தல்		
செய்யா	கரம்பு		
செய்யா	உள்ளி		
செய்யா	கரம்பு		

Green Hope Product (pvt)ltd
No - 184
MalayalaPuram, Kilinochchi
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our farming selling the products to neighbors and street shops. Cargills have sponsored couple of members to grow orange plantation and Keels have sponsored few members to grow chili plantation. I am really proud to see our members as a great successful entrepreneur.

Thank you.



competition was appreciated by many people. KKM is planning to continue the story telling and video presentation competition in the near future.

Thibakar won the first prize of 15000 rupees, Sahana won the second prize of 12000 rupees and Debora won the third prize of 10000 rupees.



SEEING DIVINE LORD IN MUSIC



We will see our sweet lord in music in the work of children's ministry for Christ. KKM trained 15 children from the church in music, art and to play organ

in Kilinochchi and Mullithevuvu under the title of "seeing the sweet lord in music." The art of bible played through audio tapes, trained the children to narrate bible stories, and drawing pictures of bible stories. An after the five-day training all the stories and art of the children were displayed in the church exhibition for the community and the organ music performance was presented in the church in Mullithevuvu, and four-square church in Kilinochchi. The community highly appreciated God's gift and talent of children's dedication



towards their spiritual growth. The children were awarded religious certificates and with God's grace it was a successful programme.

"Children were taught to see, feel, the love of God and trust God with all their hearts".

KKM SAFEGUARDING PRACTICE

Mrs Nalini Navaratnam,
Person in charge,
KKM- Safeguarding reporting.

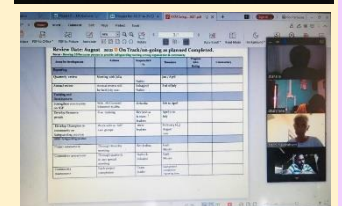


Safeguarding practice and policy of KKM for the month of Jan 2021 to June was a great successful achievement even during the peak of the present Covid 19 pandemic.

We had our interactive Safeguarding PowerPoint training via zoom by the leprosy mission England. From this session the staff had internal workshops and training to be confident. We implemented the policy into the KKM training module and practiced on a daily basis. we have certified safeguarding trained staff who are able

to take the awareness of safeguarding, giving a clear understanding of protecting individuals and others from any abuses and danger in the community, schools, and to our beneficiaries.

It is a proud achievement for us to know our beneficiaries, school children, and neighborhood community understanding safeguarding practices for a risk free safety life.



KKM GLOBAL CLIMATE CHANGE RESPONSE JUNE 2021

06

- Encourage members of PFFC and communities to help identify and rectify human rights violations, in an effort to identify and sensitize those who ignore the rights of members of PFFC and communities. Individuals and organizations should be supported in their efforts to document and respond to all reported cases of human rights violations. PFFC will be keep a 5 years plan on leprosy, poverty and discrimination eradication strategy through 10 special workshops along with provincial social service & health service department in district, & province level.
- Annual conference will continue each year as following last years.
- Participants of 9 workshops will learn & starting practice in their daily life on "Bicycle riding how this supports health development and prevents climate change".

KKM GLOBAL CLIMATE CHANGE RESPONSE JUNE 2021

07

- Providing forums where individuals can share their expertise, experience and wisdom and debate on important social, operational and programme issues for people affected by leprosy.
- Increase the number of PFFC from three to ten to be a resource with leadership and management skills
- "No Plastic "notice will be issued in 52 villages when village level leprosy awareness programs are conducted by members of PFFC.

TOWARDS SILVER JUBILEE-2023

Mr.Puthisigamani

Some memories ...



I would first like to congratulate the Kaveri Kala Manram family on the celebration of its silver Jubilee in 2023. Gold has been the

standard of exemplary purity and excellence since time immemorial and I am very happy to be a part of this milestone of KKM. This movement, formed in 1998 as Jeeva Oli manram then established as Kaveri Kala Manram in 2002 to provided opportunities to disadvantage communities in Sri Lanka who wanted to enter the transforming lives and participate as equals in the nation building envisioned by our culture

It is indeed a matter of satisfaction that KKM family has successfully striven for the empowerment of Communities according to it vision & mission for the last 23 years whether it was in the field of culture, co-economy development or nature friendly life. My role is in this page to bring some memories from our beautiful history in this & future newsletters.



First Drama was performed in 1999 in Jaffna



First drama group was formed in 2003 in Jaffna

OUR JOURNEY TOWARDS SPECIAL NEWS

Seed conservation conference



We are delighted to announce to seed conservation conference October 2021. KKM Hope farm is organizing along with women famers society. This year's meeting will focus on reconnecting with our network and sharing plant conservation successes from the past two years, those achievements we have made despite considerable adversity.

[Kaveri Kala Manram]
(kaverikalamandram-kkm.org)

As we see the light at the end of the COVID-19 tunnel, now is the time to build plans toward a collaborative future in plant conservation research among our community.!

Food, Immunity & post covid world



We extend our warm welcome to all dedicated and researchers interested in presenting their research results in the Food and Nutrition cultural practice in Sri Lanka, to partake in this remarkable 1st Conference organized by KKM & JRSS on Food and Nutrition in Nov 2021. We anticipate many Food and Nutrition experts to congregate at this extraordinary conference and take cognizance of this important educational convention to promote the position of experimentation and progress being made

Farmers dialogue 2021on Post covid world & agriculture marketing opportunities.

We are delighted to announce on Farmers dialogue 2021on Post covid world & agriculture marketing opportunities. This will be held December 2021. KKM organized this farmers dialog along with local famers societies.



LIVE TRANSFORM IMPACT OF KKM MISSION

Some stories...

I BECAME A LEADING GARDENER



I am Yogeswsry living in Kristokulam with my family of two children and my niece at home. We didn't have water facility at home, using a common well in the village. I was a Leprosy patient and facing challenges after challenges in my life.

KKM visited my family giving mental and emotional support. Encouraged me to do home gardening, providing water facility and donating coconut seedlings, vegetable plants for a start.

Sooner I become a successful Gardner, earning an income for living. In during this Covid situation KKM encouraged me to continue my work. I am able to sell my products to neighbors and street shops. I am proud to say, I became a leading gardener and helping other gardeners for success. We are a happy healthy family today because of the support and care given to us by KKM and TLMEW. [Watch a video](#)

FOR OUR OWN GOOD TRANSFORMATION



Nilogini Selvarasa from Valaichani Batticaloa. We had a small home garden just for our living. The present Covid 19 restrictions has encouraged and taught us the Great value of growing our own vegetables.

Now we have extended our garden with many green leafy vegetable, melons and other vegetables. We are living a happy life eating chemical free vegetables daily. I am able to sell a small amount of vegetables to neighbors for an affordable price.

I thank KKM for empowering me and providing water facility to maintain a healthy garden.



GIVING POSITIVE FUTURE

I'm Muhamad, and I'm a proud member of the Leprosy forum for change. When I was a Leprosy patient, I wasn't aware of the diseases. It was the stigma; I was isolating and hiding from the community. It was a traumatic life for me and my family. Today I am a different person. As a member I make sure no one will undergo the life I had. I am all out to talk, support and assist anyone with Leprosy. I have already started my mission in helping the community, empowering and giving positive future. During the Covid 19, I visited few houses in my village, giving moral support. As a member of 'Leprosy Forum For Change', I have committed myself to serve the community.

FIND YOUR SMILE



I am Dinush Nuwan living in Anuradhapura with my family. I was a Leprosy patient and taking treatment in Anuradhapura hospital. I was determined to take my medication regularly, which helped me to cure Leprosy. I was struggling to work as a daily labor to support my family.

We had our own home, well and land for gardening. We were manually watering the plants, which was a big challenge in summer. With the help of local PHI, KKM team came forward to support us providing a water motor, encouraging us to extend the garden and a chemical free gardening.

My garden is full of seasonal vegetables, fruits and yams which keeps generating a comfortable income for our living. At present with Covid restrictions, I continue supplying my products to local shops and neighbors. We never stress or worry about food during these difficult times. "Having own home garden is a blessing and gift of God" My family and I thank AED and KKM team for all the caring support.

[Watch a video](#)

THE POSITIVE THINKING



I am Ganeshan living in Mannipam Vavuniya with my family of three children. We resettled back in our village after the civil war. We didn't have a proper roof above our

head, or water facility and struggling to earn a living. During these difficult times, I was affected by leprosy. The poverty made me to neglect my diseases and ended up infecting the whole family.



A visit from medical team and KKM staff to my family, was God send. Giving us the awareness of leprosy and treatment. The positive support of strength, comforting, empowering and providing us the water facility and home gardening by KKM was a big turning point in my life. With this inspiration.

I was spending all my time in establishing a healthy vegetable and fruit garden, which

brought a sustainable income for a healthy life.

During this present covid pandemic time, I am proud to say that I am still able to provide enough fresh vegetables and fruits to my neighborhood and earn an income. I have a happy healthy family always eating healthy fresh organic sustainable food. I thank KKM for all their generous support and strength given to us when we needed to move forward in our life. As a success full gardener, my motivation to my community is "Being a farmer and knowing when others are enjoying your healthy products". [watch a video](#)