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Priya's experience during covid-19

Even though I had child hood healthy hygiene practice which was taught by my parents and school teachers. I never took the practice serious. Covid-19 has taught me the importance of live saving hygiene practice. I practice to wash my hand frequently, and took care of my personal hygiene. All my family members followed the same techniques.



When I got married, I moved in with my husband and his family village. I was an office staff. My work starts at 8.30 am to 5.00 pm. Five days a week. Time was limited to know my neighbourhood families well. Due to the curfew and lockdown situation, staying at home made me to know my neighbourhood well and spent more time with my family and learned to share a valuable time with all.



Covid-19 made all of us to panic, and stress in storing up basis food for survival. We did not have saving to buy anything in bulk, we were struggling for money, **which taught me a very valuable lesson.** To start home gardening and have few chickens, for daily survival and extra income. We started our home garden without a second thought, and now we have few chicken in our yard. Our garden looks healthy. For last three months we all staying at home had made a huge positive change in our life. We built a mini incubator for the eggs to hatch, which is very successful, and hope to make an income and continue our home business.



I used to watch and listen to the headlines of the local news. Since Covid-19, I have taken interest to watch and listen to the breaking news and the world news to get wider knowledge for myself.

Thank you.

